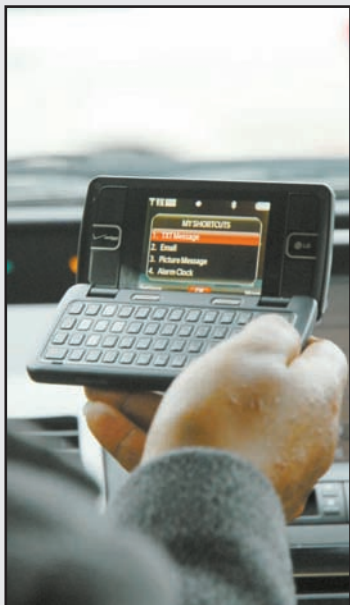


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# The Fort Jackson Leader



Thursday, January 28, 2010

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www.jackson.army.mil

# Moving day



Photo by SUSANNE KAPPLER

Kristi Arnold unpacks boxes in her new home Wednesday. Arnold's family was one of nine that moved into new homes for junior enlisted Soldiers after a ribbon-cutting ceremony marked the housing area's opening Jan. 21.

## Ceremony marks completion of first homes

By SUSANNE KAPPLER  
Fort Jackson Leader

When Kristi Arnold moved to Fort Jackson in July 2005, she and her husband, Sgt. Nicholas Arnold, who is currently deployed to Iraq, decided to live on post — despite the fact that on-post family homes were not up to modern standards. Arnold said she never expected to experience the transformation of Fort Jackson's family housing area into a modern community.

"I remember reading in the paper that they were going to privatize Fort Jackson (housing), and I told my husband, 'We won't see that,'" Arnold said. "We've seen it privatized,

then we were part of the groundbreaking, and now we're in the new house."

Arnold and two of the family's five children took part in a ribbon-cutting ceremony Jan. 21 that marked the transfer of nine newly constructed family homes to junior noncommissioned officers and their families.

"It's amazing to see the transformation in just one year," said Brig. Gen. Bradley May, Fort Jackson's commanding general. "Where open woods, open areas, outdated housing — otherwise known as 'vintage quarters' — once existed, we now have this spectacular neighborhood. What an extraordinary step in improving the quality of life for our Soldiers and families."

Garrison Command Sgt. Maj. Christopher Culbertson said providing new homes to Soldiers reinforces Fort Jackson's commitment to the Army Family Covenant.

"The entire Fort Jackson team has been working on the dream of improving our Soldiers' quality of life to ensure that it is commensurate with the quality of service that our Soldiers and their families provide to this great nation on a daily basis," he said.

The process began with the privatization of housing operations in August 2008. Since then, 296 homes have been demolished and construction is under way at four sites to pro-

See MORE: Page 8



# Fort Jackson ready for CSF role

In case you haven't been following this story line, it's worth repeating. Fort Jackson is playing a major role in the Comprehensive Soldier Fitness program with the opening of the Master Resilience Training school this spring.

Beginning in April, Fort Jackson will offer a 10-day course in master resilience that will equip our leaders with the knowledge so that they can teach coping skills to members of their units. Resilience — which in this context refers to the ability to grow and thrive in the face of challenges and bounce back from adversity — is a key term in defining the vision of the Comprehensive Soldier Fitness program itself. Master Resilience Training is one of four elements of the CSF program.

The mission of the CSF program is to develop and institute a holistic fitness program in order to enhance and build resilience. The Army believes that an emotionally and physically healthy force will result in a reduction in rates of depression, post-traumatic stress disorder, anxiety, domestic violence, and the list goes on. I might add that this program is not only for Soldiers, but family members and Army civilians, also.

## BRIG. GEN. BRADLEY W. MAY

*Fort Jackson  
Commanding  
General*



To borrow the words of CSF director Brig. Gen. Rhonda Cornum, "Being Army Strong is, in fact, being more than just physically fit." She is absolutely on point.

We are arming our Soldiers with the mental tools and capabilities so that they can successfully deal with any challenges that they may face. The CSF program in itself is unique in that it is linked to the Army Career Tracker and the requirement for guided self-development.

A Global Assessment Tool will gauge five elements of Soldier fitness: physical, emotional, social, spiritual and

family strength. In turn, assessments will help create the type of individual resilience training that each Soldier requires.

According to the CSF director, resiliency techniques have resulted in measurable improvements in other places where they have been implemented. For example, the Navy has provided 45 minutes of resiliency training a week in its basic training. The results are a higher number of graduates and a fewer number of psychological discharges.

I am a firm believer in the CSF program because it will teach Soldiers, family members and civilians to confront challenges in a positive way so that they will grow from these experiences. Resilience training will assist in analyzing more optimistic and realistic choices, rather than falling into a negative thought process. Having the lead in the Master Resilience Training will help Fort Jackson grow, as well.

The bottom line is that we will probably learn as much as we teach.

Army Strong!

## *The Fort Jackson* **Leader**

**Fort Jackson, South Carolina 29207**

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Commanding General .....Brig. Gen. Bradley W. May  
Garrison Commander .....Col. Lillian A. Dixon  
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Online editor/Staff writer..... Mike A. Glasch  
Staff writer ..... Steve Reeves  
Staff writer ..... Sharonda Pearson  
Staff writer ..... Kris Gonzalez

## Ask the garrison commander about:

# Unexploded ordnance on post

*I recently saw what looked to me like a bomb or missile of some sort on an adjacent firebreak. I wasn't sure if I should move it off the road or if I should contact anybody, so I just left it alone. What should I do in the future?*

Unexploded ordnances are munitions that haven't exploded. They are often referred to as duds; however this name is a misnomer because they could still detonate at anytime.

Any ordnance found in the training areas must be considered dangerous and should not be handled. The best course of action is to note any UXO location and alert members of the Directorate of Emergency Services, the game wardens, Military Police or even the guards at the gates.

The most important thing is to not touch it or drive near it because static electricity from your vehicle or your body could detonate it. Observe and report its location and allow the professionals to determine if it is a danger.

*How do I know what documents are authorized for filing in my Official Military Personnel File?*

Documents authorized for file in the OMPF are listed in AR 600-8-104, page 8, Table 2-1. This regulation can be found online at [www.usapa.army.mil](http://www.usapa.army.mil).

*Should I send the original documents or can I send a copy to be filed in my Official Military Personnel File?*

You should always send clear and legible copies of documents by Interactive Personnel Electronic Records

## COL. LILLIAN A. DIXON

*Fort Jackson  
Garrison  
Commander*



Management System, or iPERMS, Web upload through your S-1, unit personnel office or human resources provider. You should always retain the original document for your personal file. Remember the more times a document is copied, the less legible it is.

## FACT OF THE WEEK

Fort Jackson is great habitat for the endangered Red-cockaded Woodpecker because, unlike most of the areas surrounding the fort, the post's oldest pine trees were not cut for lumber or pulp.

Red-cockaded Woodpeckers prefer to nest in mature pine forests, particularly in longleaf pines about 80 to 120 years old and loblolly pines about 70 to 100 years old. Both trees are abundant on Fort Jackson.

Nest trees are indicated by two white bands near their base and should be avoided, especially during the nesting season in the late spring and through the summer.

To submit questions for "Ask the Garrison Commander," call 751-2842, or e-mail [scott.nahrwold@us.army.mil](mailto:scott.nahrwold@us.army.mil).

To contact the *Leader* about story ideas or announcements, e-mail [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil) or call 751-7045..

# Installation units exceed retention goal

By **KRIS GONZALEZ**  
Fort Jackson Leader

Brig. Gen. Bradley May, Fort Jackson commanding general, recognized post retention personnel for retaining “America’s best,” during a retention awards luncheon Jan. 21 at the Officer’s Club.

Last year, 410 Soldiers stationed at Fort Jackson raised their right hands to pledge to “Stay Army,” exceeding installation retention goals, with an overall accomplishment of 112 percent.

For the third year in a row, the 171st Infantry Brigade earned Top Brigade, re-enlisting 139 Soldiers during fiscal year 2009. The 187th Ordnance Battalion, earned Top Battalion for Retention Excellence.

Master Sgt. David Shannon, the 171st’s senior career counselor, said it has been the unit’s “Soldier-first” approach that encouraged Soldiers to sign on the dotted line.

“We treat every Soldier as an individual, rather than a number,” Shannon said. “We talk to each Soldier as a person and look at his or her exact needs, wants and desires, and try to match them with the Army’s needs, wants and desires.”

It’s a complicated process of listening to Soldiers’ requests, educating them on all options available to them, while fulfilling the Army’s requirements, Shannon said. And one of the most influential players in the equation isn’t the career counselor, but the commander, he said.

“Commanders set the tone for their unit,” Shannon said. “If they don’t make sure the Soldiers are taken care of and their well being is taken care of, the Soldiers are



Photo by KRIS GONZALEZ

**Brig. Gen. Bradley May, right, presents the Top Production Award to Col. Karl Reed, commander of the 171st Infantry Brigade, at the Commanding General’s Retention Award Luncheon, Jan. 21 at the Officers’ Club.**

not going to be happy. If they’re not happy, they’re not going to want to stay with the team or sign a contract to stay with the Army.”

Whether it’s taking care of Soldiers’ pay, handling administrative issues, giving time off, or just the way they talk to and treat Soldiers, Shannon said, commanders must do as much as they can to keep Soldiers’ morale high in today’s Army.

As the U.S. continues to fight two wars, many Soldiers stationed at Fort Jackson, a training installation, are faced with the likelihood of being reassigned to an installation where units are deploying in the near future, Shannon said.

After being assigned to a job here, where they may have worked a lot of hours or traveled often on temporary duty, the possibility of deploying for 12 to 15 months can be off-putting, Shannon said.

In the current economy, providing for their families is most often the reason Soldiers decide to re-enlist, said Master Sgt. Robert Brookins, the 187th’s retention non-commissioned officer.

When Brookins breaks down a Soldier’s pay and compares it to the hourly rate a person would have to earn in the civilian work force to maintain the same standard of living, staying in the Army seems that much more appealing to a Soldier who is already serving, Brookins said.

Aside from decent wages and job security, the military also provides affordable medical and child care.

“If a Soldier re-enlists, he or she knows (he or she) is getting paid twice a month,” Brookins said. “(Soldiers) know they already have these benefits in place, so no money has to come out of their pocket to do anything.”

Only four months into the new fiscal year, all of Fort Jackson’s commands have already met half of their retention goals. Sgt. Maj. Jacqueline Lloyd, installation career counselor, said she expects the entire Fort Jackson retention team to meet 100 percent of its mission goals well before the close of the year.

*Kris.Gonzalez1@us.army.mil*

## Online tool assesses four dimensions of strength

By **SUSANNE KAPPLER**  
Fort Jackson Leader

For years, the Army has used a standardized test to evaluate Soldiers’ physical fitness. The newly designed Comprehensive Soldier Fitness program goes beyond that by implementing a method to evaluate the force’s fitness in the areas of emotional, social, spiritual and family strength.

The Global Assessment Tool is a confidential online questionnaire that provides Soldiers with a baseline in those four dimensions of strength and allows them to track their growth in these areas over time.

“The Global Assessment Tool is really ... like the PT test for mental health. It looks at your social, emotional, family and spiritual strength,” said Brig. Gen. Rhonda Cornum, director of the Comprehensive Soldier Fitness program, during a visit to

Fort Jackson in July. “The reason that’s important is ... not everybody needs the same education and training at the same time in their life. So this will help people do two things. It will give people an understanding of where they are and where they need to improve. It will then direct them to either online or local training, depending upon where they live, that would help them to improve in those areas specifically. So the training you will get if you’re in the low end will be different than the training you will get if you’re in the high end.”

Soldiers will be required to take their first GAT by May and then again every two years or 120 days following a deployment. The Army’s plans also call for new Soldiers to take their first GAT during Basic Combat Training.

Fort Jackson is in the process of renovating a building to serve as a GAT facility

for basic training Soldiers.

“The requirement — in terms of equipment — is to establish a minimum of 120 computer stations,” said Duane Myers, Fort Jackson communication officer. “Those computer stations will have a kiosk software loaded on them, (and) the Soldier will come in, stick in his common access card and log on — and the only item that will pop up is the GAT survey via the Web site.”

The GAT facility will allow 120 Soldiers, or two platoons, to take the assessment at the same time. At this point, it has not been decided during what phase of basic training Soldiers will take the GAT, Fort Jackson officials said.

Taking the GAT will take approximately 20 minutes. The survey consists of about 100 multiple choice questions. At the end of the test, a bar chart indicates a Soldier’s strength level in each of the four dimen-

sions.

“It was a surprise,” said one Fort Jackson Soldier, speaking on the condition of anonymity. “I thought I was strong spiritually, but my spirituality ranked lower than I expected.”

After finishing the survey, Soldiers can take individualized education modules to strengthen their resiliency in each area. Referral to local services that can help with enhancing certain skill sets are also available.

The individual results of the GAT are confidential. However, leaders will receive a composite result on how their unit is scoring in each strength dimension, which allows them to implement training programs in those areas.

To access the GAT, visit [www.army.mil/csf](http://www.army.mil/csf).

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# National Prayer Breakfast features Boone as speaker

By **CHAPLAIN (CAPT.) JERRY JOHNSON**  
2nd Battalion, 39th Infantry Regiment

Chaplain (Col.) Samuel Boone, commandant of the United States Army Chaplain Center and School, will be the guest speaker for the Fort Jackson observance of the 2010 National Prayer Breakfast, scheduled for 7-8:30 a.m., Feb. 10, at the NCO Club.

This year's theme will be "My Values, Your Values, Our Army Values." Boone said he wants to reflect on those who taught him the Army Values, beginning with his first platoon sergeant. Boone enlisted in 1972.

Boone said that numerous NCOs and officers influenced him throughout the years, and he believes God's providence brought them into his life. He said he wants to relate his experiences to passages in the Bible and provide NCOs in particular an understanding that their special calling is to lead Soldiers with both actions and speech.

"Faith has to sustain you to do the 'hard right' instead of the 'easy wrong,'" Boone said.

The key passage of scripture on which Boone will base his message comes from Psalm 121: 1-2. King David says, "I lift up my eyes to the hills — from whence comes my

help? My help comes from the Lord, who made heaven and earth."

The history of the National Prayer Breakfast goes back to 1942, when during the most difficult moments of World War II a small group of senators and representatives began to meet. They tried to find a way to be of personal and spiritual support to each other and decided to meet for prayer.

In 1953, President Dwight Eisenhower established what was then termed the Presidential Prayer Breakfast, with the goal of seeking divine guidance and promoting a national dependence upon God. The name of the event was changed to National Prayer Breakfast in 1970.

The breakfast takes place in Washington on the first Thursday of February. Many military installations have their own National Prayer Breakfast events to support the national emphasis.



**BOONE**

## MPs enforce cell phone ban on post

By **STEVE REEVES**  
Fort Jackson Leader

As more states are beginning to crack down on cell phone use and texting while driving, Fort Jackson officials want to remind everyone that using anything but a true hands-free device on post is against regulations.

A true hands-free device is one that you never have to touch in order to place a call.

"By law you're supposed to have both hands on the steering wheel when you're driving," said Col. Ronald Taylor, Fort Jackson's provost marshal. "If your hands have to leave the steering wheel to activate the device, then it is illegal to use on the installation."

Fort Jackson police officers are increasing their vigilance for dangerous driver behavior such as using cell

phones behind the wheel. This comes at a time when 23 states are debating legislation to ban texting while driving, a practice 19 states already prohibit.

Nearly 200 legislative bills concerning various forms of distracted driving, including texting, are being debated in 34 states.

The Department of Transportation says 5,870 people — 16 percent of all highway fatalities — died in distracted-driving crashes and 515,000 were injured in 2008.

"Cell phone use is the new DUI," Taylor said. "More and more accidents are being caused by cell phones use and texting while driving."

Taylor said drivers coming on to Fort Jackson should be aware that the installation's boundaries begin at the fence line, not at the gates to the post.

Though it varies with each gate, a good rule of thumb is that Fort Jackson police jurisdiction begins approximately 100 yards before each gate entrance.

"That means you can't just drive up to the gate, put down your phone and you're OK," Taylor said. "We have the responsibility of enforcing regulations on all of Fort Jackson property."

Taylor also said people should remember that regulations prohibit the use of a government-issued cell phone or communications device while behind the wheel of a government vehicle or privately owned vehicle at any time — even off post.

"Pull over if you have to talk on your cell phone or send a text message," Taylor said. "If you're driving, just drive."

*Steven.Parrish2@us.army.mil*

## CPAC CORNER DoD Codes of Conduct

### CONFLICTS OF INTEREST:

❑ An employee may not do government work on a particular matter that will affect the financial interest of the employee, his or her spouse, minor children, general partner, organization with which the employee is negotiating or have arrangement for future employment, or any organization for which the employee serves as an employee, officer, director, trustee, or general partner.

❑ An employee may not seek or accept anything of value, other than his or her salary, for being influenced in his or her official duties.

❑ An employee may not knowingly solicit or make solicited sales to personnel who are junior in rank, grade, or position (or their families).

❑ An employee generally may not represent anyone outside the government before a federal agency or court, or share in any compensation for such representation made by anyone else, if the government is involved in the matter.

❑ An employee may not accept compensation from any source except the government for his or her services as a government employee.

❑ Army employees must refrain from any private business, professional activity or from having direct or indirect financial interest which would place them in a position where there is a conflict between their private interests and the public interests of the United States government, particularly those related to their duties and responsibilities as Army personnel. Even though a technical conflict may not exist, DA civilians must avoid even the appearance of such a conflict from a public confidence point of view.

❑ Additionally, employees may not engage in any private business, professional activity or financial transaction that involves the direct or indirect use — or the appearance of such use — of inside information gained through an Army position.

This includes engaging in any teaching, lecturing, or writing that is dependent on information obtained as a result of government employment, unless that information has been published or is available to the public.

# Civilian jobs safe after study nixed

By KRIS GONZALEZ  
Fort Jackson Leader

About 300 Fort Jackson federal employees can exhale. Their jobs will stay in government hands for now, as a result of the Department of Defense's recent cancellation of various procurement studies.

The Office of the Undersecretary of Defense issued notification in late December of the cancellation of 11 outsourcing competitions throughout DoD.

Two of the competitions, referred to as A-76 studies because they are performed under the Office of Management and Budget Circular A-76, were being conducted at Fort Jackson to solicit bids among private contractors as well as government agencies, to get the best quality logistics and public works services for the best price.

What the cancellation means to civilian workers at Fort Jackson's Directorate of Logistics and the Directorate of Public Works, is that for the time being, they will remain Department of the Army employees, said Mike Munn, post supervisory logistics management specialist.

"It means the civilian employees have all the rights and privileges of a civilian work force," Munn said. "Because they are no longer under the study, their positions are not being scrutinized. The cloud that was over them, about potentially losing their jobs, is out the door."

Most of the positions affected by the study are currently filled by bargaining unit employees. Local union chapters of the National Federation of Federal Employees (General Schedule employees) and the American Federation of Government Employees (Wage Grade employees), were notified of the cancellation Jan 13.

Marie Brize, president of AFGE Local Union Chapter 1909, said the employees were very relieved, joyful, and some even cried when they found out that their jobs were secure.

Col. Lillian Dixon, garrison commander, said she is happy the employees no longer have to compete for their jobs, particularly when they are performing so well.

"It became increasingly difficult to look our great federal employees in the face and tell them to stay motivated and work hard while the A-76 process lingered on," Dixon said.

The government won its bid for the logistics and public work positions in September 2001. In September 2007, the positions were up once again for the A76 study process.

*Kris.Gonzalez1@us.army.mil*

## Housing Happenings

### COMMUNITY UPDATES

☐ On-post housing is now open to retirees and DoD civilians. For more information, call 738-8275.

☐ The community center is now open. It is located on 520 Brown Ave. The community center features a game/meeting room, cardio room, full kitchen, boundless playground, volleyball pit and soccer field. Office hours are Monday-Thursday, 7:30 a.m. to 6 p.m. and Friday 7:30 a.m. to 4 p.m.

☐ As the cold weather continues, disconnect water hoses from exterior faucets to prevent freezing of the valves.

☐ Residents who refer a friend who moves to Fort Jackson will receive \$300. Residents who refer a friend from off post will receive \$600.

☐ Residents who complete a comment card after coming in contact with Balfour Beatty

Communities staff have a chance to win \$100. Winners are chosen monthly.

☐ Residents should remember to remove trash cans and recycle bins from the street after pickup. Keep lids on trash cans to prevent animals from strewing trash about.

☐ In accordance with the resident guide, holiday decorations must be removed within 14 days of the holiday.

☐ Neighborhood huddles are scheduled twice a month and representatives are on hand to provide residents with updates. The next meetings are: 5 p.m., Feb. 9 and 10 a.m., Feb. 11.

### DEVELOPMENT UPDATES

#### ☐ JNCO

— Families are moving into nine homes on Bradley Court.

☐ Soldiers and family members are urged to exercise caution near the construction sites.

## Generation Y explained



*Photo by KRIS GONZALEZ*

Jean Twenge, a San Diego State University psychology professor and author of "Generation Me," describes the challenges of dealing with young adults of Generation Y during the 165th Infantry Brigade's "Millennial Generation" Leadership Lecture Tuesday at the NCO Club.



# AFAP delegates choose top five issues

By **ROB McILVAINE**  
FMWR Command

ARLINGTON, Va. — On the final day of the 2010 HQ Army Family Action Plan conference, the delegates broke from their individual working groups and voted on the top five issues Army senior leaders would discuss at the General Officer Steering Committee meeting in June.

This feedback can lead to policy changes that will encourage families to consider the Army their home.

The AFAP Conference, held Jan. 11-15, brought 82 issues originating from AFAP installation conferences over the past year.

The top five issues are: Provide a monthly stipend to ill/injured Soldiers for non-medical caregivers; fund service dogs for wounded warriors; provide for behavioral health services shortages by increasing the number of readily available behavioral health providers and services and the use of alternative methods of delivery such as tele-medicine; authorize Family Readiness Groups to fundraise in public places external to National Guard Armories, Reserve Centers, and military installations; and authorize Reserve Component Soldiers enrollment in the Exceptional Family Member Program.

With these issues came nearly 100 delegates to whittle 82 issues down to 16 considered to be of the highest priority. The issues help to elevate the standard of living for Soldiers — active, Reserve com-

## LOCAL AFAP CONFERENCE

Fort Jackson's annual AFAP conference is scheduled for Feb. 3-4 at the Officers' Club.

Soldiers, retirees, DA civilians and family members will be able to let Army leaders know what is working and what isn't, and give their ideas about how to fix it.

An AFAP issue is any problem that affects the readiness and well-being of anyone living or working at Fort Jackson or within the Army.

Tell AFAP what your concerns are and what you think should be done to address those concerns.

Better yet, be a delegate. As delegates, community members not only

represent the community, but also the Army.

Delegates are placed into various work groups to discuss issues that are submitted to the conference. Delegates will then prioritize the top issues and present them to the garrison commander the last day of the conference.

Some issues may be resolved here locally, while some will go higher for resolution, with the possibility of having a broader impact.

Visit the post AFAP web site at [www.jackson.army.mil/wellbeing/survey.htm](http://www.jackson.army.mil/wellbeing/survey.htm) to submit an issue sheet with your idea or concern.

For more information, call the AFAP office at 751-6315.

ponent and retirees, family members, survivors and Army civilians.

This ongoing process is considered extremely important by Army leaders, especially the Secretary of the Army, John McHugh.

"Our challenge is to provide for Soldiers and families as best we can," McHugh told the assembled delegates, leaders, family members and friends.

"Your role is essential to help us focus on implementation of these programs and to ensure they're the best to provide what's needed," he said.

Families, though, are made up of children who also want a say in many other issues and they want it seen from their point of view. Accompanying the adult delegates were the 13 Army Teen Panel members who represented the younger Army family.

The group, led by Anthony Merriweather, presented two posters designed for teens who need encouragement and a boost in their self-esteem. The posters are a method to get teens involved in the many activities developed at each garrison.

"We used a different kind of English

than most of you are used to," said Merriweather, smiling at the mostly adult audience. "We spoke to teens in the language of texting, a shortened form of communicating," he said.

The teens also presented a 30-second commercial, another method to get teens involved in youth centers, Armywide. The applause and cheers from senior leaders, including Gen. Peter W. Chiarelli, Army vice chief of staff, and Gen. George W. Casey Jr., Army chief of staff, meant they also reached the audience who can effect the changes they want.

Before the top issues could be voted upon, Casey brought the conference members up to date on Army plans for the coming year.

"The Secretary of the Army, John McHugh, and I have six major objectives for 2011. We will continue our efforts to restore balance to the Army by 2011; execute Afghanistan plus-up and responsible drawdown in Iraq; sustain Soldiers, families and civilians; establish an integrated Army management system; implement an Army leader development strategy; and establish the Army of the 21st century.

"But the most important thing we will do is increase the time Soldiers stay home," Casey said to enthusiastic applause.

Other programs, Casey said, have been introduced and running for more than a year but need to be revisited to ensure they continue to grow and gain acceptance.

## More than 600 homes to be built

Continued from Page 1

vide new homes for Soldiers of all ranks.

Balfour Beatty Communities was tasked to operate and manage family housing for 50 years. The five-year initial development period, during which 610 homes will be constructed and 240 existing homes will be renovated, will cost an estimated \$168 million.

"Through the partnership between Balfour Beatty Communities and the United States Army, military families can now receive safe, quality, affordable and well-maintained housing promised here just over a year ago. This is indeed a major milestone," said James Harper, Fort Jackson project director with Balfour Beatty Communities.

The groundbreaking for the new homes took place in December 2008 and since then, construction has begun throughout the housing area.

Arnold said that even though dealing with the construction was sometimes difficult, moving into the new home was worth the inconvenience.

"It's kind of overwhelming at times, because to me it's a big deal to have seen all this come around and then be a part of it," she said.

She said she likes many things about her new home, but most enjoys the open floor plan.

"I just like having this openness," she said. "It brings the family together."

*Susanne.Kappler1@us.army.mil*

**Editor's note:** Watch a video of the ribbon cutting ceremony at <http://bit.ly/5QH4tH>



Photo by **SUSANNE KAPPLER**

**Col. Lillian Dixon, left, garrison commander, and Karen Padgett, community manager with Balfour Beatty Communities, present a symbolic key to Kristi Arnold and two of her children, Autumn Pruitt, 11, and Devin Pruitt, 7. The family has been living in on-post housing for almost five years.**



# Birthday party yields lasting memories

**A**round this time last year, I was still settling into my new life — and job — at Fort Jackson. And, four months into it, I was already taking maternity leave.

I remember the first few days after my son was born. Still woozy from the medicine I received, I was vaguely aware of the commotion going on next to my bed as nurses performed the usual post-birth tests on my newborn. I remember holding his tiny body for the first time, afraid I would hurt him. And I remember how peaceful it all seemed, how quiet he was and how my husband and I seemed to already have forged a bond with him.

And then we left the hospital.

What has followed has been the most tiring, frustrating, exciting, fun and stressful year of my life.

Saturday, a small group of family and friends gathered to celebrate my son's first birthday. Though the party, like all birthday parties, was a rite of passage for my son, it was also a sign of the growth my husband and I have made as parents.

I always said that I wouldn't throw my child a birthday party before he or she turned 3. My husband and I often joked that when that day came, we would simply swap out the numbered candles on top of the cake so that in photos, it would seem as though we had three different parties, instead of one. But as with most things I've experienced

## CRYSTAL CLEAR

By **CRYSTAL LEWIS BROWN**  
*Fort Jackson Leader*



throughout the course of this year, when it comes to infants, there is almost always a curveball thrown your way. My curveball came when we attended the first birthday party for our friends' twins.

"You have to have a party," the parents said. And though we all agreed the party was more for the parents than the child, they insisted we would at least want the memory.

The month before the party was stressful. I stressed over the food: Should we have pasta salad or green salad?

I stressed over the activities: What types of games do 1-year-olds play? And I stressed over what gifts we should buy him: Would it be ridiculous to get him a gift card? Can I wrap his gift in leftover Christmas paper?

The day of the party was a flurry of activity. Finishing

the food and drinks, picking up decorations and choosing last-minute gifts. Even as the first guest arrived I was putting the final touches on things.

Once the party was under way, i.e., the birthday boy had finished napping, all the irrational worries I had faded away. I watched as he played with his new toys and interacted with the other children — something I rarely get to see.

I laughed as he ate his birthday cake, smearing blue frosting into his hair, despite the mess I knew I'd have to clean later.

And, most importantly, I celebrated with friends and family the blessing we received a year ago.

It's hard to believe that the smiling, yelling, cake-eating little boy from Saturday is the same tiny, quiet bundle we brought home from the hospital last year. And as we begin year two, it's a little bit sad to let go of the baby and move on to toddler. But I feel better knowing that our friends were right to insist we throw a party.

Because years from now — when our son no longer needs us to help him walk, when he no longer thinks everything we do is fun — I can look back at the photos of his cake-smear face and remember when mommy and daddy were his whole world.

**Editor's note:** Crystal Lewis Brown is editor of the *Fort Jackson Leader* and an Army spouse of four years.

# Parent programs expand under family covenant

By **SHARONDA PEARSON**  
*Fort Jackson Leader*

Leah Lorenzo watched as her 2-year-old son, Keane, ran about a converted classroom Monday morning, choosing from the various toys strewn about the room.

And as Lorenzo kept a watchful eye on her son, she also took time to catch up and

chat with other Fort Jackson parents.

Lorenzo is one of several parents who

venture to the Pinckney Elementary School Annex each week to combine the children's play time with some adult interaction at the New Parent Support Program's play group.

Lorenzo, who has been attending the group since October, said play group has helped with her son's social skills.

"He used to be really clingy, but since we started participating in the play group program, he has become more independent," Lorenzo said.

The play group, which is for newborns to 4-year-olds, is just one of several programs aimed at providing Army families with the tools they need to maintain a healthy family.

Tamica Doby, one of two NPSP social workers, said that the programs are meeting an important need within the Army family community because they help families cope with feelings of stress, isolation, pre- and post-deployment issues and the



Photo by **CRYSTAL LEWIS BROWN**

**Sgt. 1st Class Pedro Campoverde, Company B, 1st Battalion, 34th Infantry Regiment, plays with his 1-year-old son, Esai, during play group Monday.**

demands of parenthood.

"We often have heard from military family members that they feel isolated. This gives them a chance to get out, and meet other military family members and network within the Army community," she said.

The NPSP was able to expand much of its programming Armywide under the Army Family Covenant, which provides funds for various on-post, quality-of-life programs. On Fort Jackson, the funding provided through the Army Family

Covenant has allowed the NPSP staff to create new programs — such as C.O.A.S.T., a quarterly orientation for new spouses — and expanded others, such as the play group.

Janet Cox, also with the NSPS, said that programs like play group are important to the well-being of families stationed at Fort Jackson.

"We have heard from spouses that Fort Jackson is not a family-friendly post, but often the problem is that they are not aware of all the family-orientated programs avail-

able to them," Cox said. "By coming to play group (the spouses) meet other family members and find out about more family activities."

Amanda Dake, another parent, said she appreciates the on-post activities.

"Usually our family is stationed in more obscure locations that don't provide programs like this, so I am enjoying the opportunity to participate in the program," said Dake, who attends with her 2-year-old twin sons, Zachary and Ryan.

Lorenzo agreed that the on-post program was beneficial.

"There are other play groups off-post, but they are expensive. Here it's free, and you have the chance to interact with other military spouses," she said. "Now that I know that the program is available, I definitely plan on joining another play group when I PCS to Hawaii next year."

Cox said that there has been an increased demand for play group since program began last January. That demand has led the NPSP to add another day to play-group. Play group now meets 10-11:30 a.m., Monday, Wednesday and Friday.

An evening play group for Soldiers and their children, which is scheduled for the fourth Wednesday of each month from 5-6:30 p.m., has also been added.

"Participation is high, and we have a tremendous amount of support from the moms who are a part of the program," she said. "At times we feel like we are outgrowing our play room because the program has been so successful."

For more information about play group and other NSPS programs, call 751-1071.

*Sharonda.Pearson@us.army.mil*



## COMMUNITY SNAPSHOTS

### Staying Army



*Photo by KRIS GONZALEZ*

**Fourteen Fort Jackson Soldiers recite the Oath of Re-enlistment during a ceremony Jan. 21 at the Officers' Club. The Soldiers re-enlisted during the annual Commanding General's Retention Award Luncheon.**

### Heavenly chili



*Photo by STEVEN HOOVER, U.S. Army Chaplain Center and School*

**Chaplain (Col.) Samuel Boone, left, commandant of the U.S. Army Chaplain Center and School, congratulates Chaplain (Capt.) Mark Winton on winning the Armed Forces Chaplaincy Center Chili Cookoff. The event raised more than \$350 in donations for Harvest Hope.**

### Grand opening



*Photo by CANDACE ROMERO, Public Affairs, Columbia Recruiting Battalion*

**Col. Kevin Shwedo, Fort Jackson deputy commander, Brig. Gen. Bradley May, Fort Jackson commanding general, Ike McLeese, civilian aide to the Secretary of the Army and president of the Columbia Chamber of Commerce, and Lt. Col. Charlester White, commander of the Columbia Recruiting Battalion, cut the ribbon during the grand opening of the new recruiting station in Northeast Columbia.**

### Strengthening bonds



*Photo by STAFF SGT. CHRISTOPHER WIDENER, 3rd Bn., 34th Inf. Rgt.*

**The Nye family practices the "helium stick" exercise, which is used to build better communication within the family. The Nye family was one of 20 families that participated in a Strong Bonds retreat at Beech Mountain, N.C., recently. The retreat, which was attended by 3rd Battalion, 34th Infantry Regiment and other 165th Infantry Brigade families, included team-building exercises and skiing.**



# Saving energy — saving money

By GEORGES DIB

Directorate of Public Works

Whether you work on Fort Jackson, live in government quarters or own a home off post, saving energy, conserving water and recycling can be to your advantage and best interest.

For those who live on post, although those advantages — lower utility bills — may not be immediately obvious, there are still benefits. Because each installation has a fixed budget, each dollar saved through energy or water conservation is a dollar that can be used elsewhere.

Title 10 of United States Code 2865, Energy Saving at Military Installations, allows our installation to retain two-thirds of the money saved through its energy conservation efforts for use in quality-of-life programs, family housing, Family and Morale, Welfare and Recreation programs, and additional energy saving projects.

In order to make this possible, all of us must take an active part in conserving energy and water resources at home and at work and do what we can to protect our environment.

## ENERGY-SAVING TIPS

— Make use of sunlight to heat and light your rooms.

— Keep windows and doors closed. Seal off rooms that are not being used. Infiltration around windows and doors is one of the main causes of wasted energy in conditioned spaces.

— Turn off lights when leaving the room. Do not put in higher wattage light bulbs than required. Remove all incandescent lights.

Prohibit the use of lamps and fixtures that have incandescent lights from offices, maintenance areas and closets. Require existing

## *At home or at work, conservation pays off*

incandescent bulbs to be replaced with compact fluorescent, fluorescent, LED or Energy Star-rated laminar.

Purchase of incandescent replacement bulbs by units on the installation is prohibited. Use the right light to fit the task.

— Turn off all appliances and electronics when not in use.

Computers and monitors should be turned off every day when not actively in use (Army Regulation 420-1, chapter 22).

If the equipment is Energy Star rated (as required by statute and regulation), then it has a sleep mode. If the sleep mode is activated after 20 minutes of inactivity, then the equipment is not required to be turned off when not in active use.

However, few computers or monitors are enabled for the sleep mode, even though they have the capability. Disabling energy reducing capabilities in any equipment is waste and abuse of Army resources.

— Make sure refrigerator door seals are airtight. Eliminate and remove all extra refrigerators, microwaves, coffee pots and

other appliances that service only one or two people, except as permitted by AR 420-1, chapter 22.

Permit only the quantity of appliances needed for the number of personnel. Remove non-Energy Star appliances from the workplace by requiring all appliances to

bear the Energy Star label. Remove non-complying appliances from the facility so that they do not simply move to another office. Prohibit personally owned appliances in the workplace.

— If you use a space heater, use it safely and be sure to seal off the room.

— Wash and dry full loads. Do not use too much

detergent — use a “suds saver” if you have one. Whenever possible, use cold water for washing. When drying clothes, don’t mix heavy and light articles in the same load.

— Do not leave government vehicles idling for more than 30 seconds. Those who fail to comply will be issued a warning and then a consequence for second and follow-on violations.

— Scanners, copy machines, faxes, print-

ers and other such equipment should be programmed with sleep modes that activate automatically when not in use. Equipment is required to be Energy Star rated and have a sleep mode by the Energy Policy Act of 2005, Energy Independence and Security Act of 2007 and AR 420-1.

Purchase of equipment that does not meet Energy Star requirements should have a consequence to the manager and agent who authorized that purchase.

— Use setback temperatures on all heating, ventilation and air conditioning equipment, including window air conditioners. If automated controls are not installed, activate procedures for manual adjustment of all heating and cooling equipment at the end of every work day and for any periods an area is unoccupied during work hours (such as locker rooms, lunch and break rooms). Required setback temperatures are found in AR 420-1, chapter 22.

— Turn off all outside lights during the day. Guardhouses, access points, gas stations, maintenance areas and storage areas are common locations where outside lighting is left on during daylight hours because of lack of attention, education and consequences.

— Vending machines should be delamped whether they are inside or outside. Seek changes to the contracts with vending machine owners to avoid providing utilities to vendors without requiring them to pay a utility charge.

## CALL FOR HELP

When it comes to saving energy, or protecting the environment, it is a good idea to know where and how to get assistance. Call 751-7684 to report damaged and failed equipment. For more on energy conservation, call 751-3823.





# Army releases suicide data; active, Reserve numbers up

By **WAYNE V. HALL**

*Office of the Chief of Public Affairs*

WASHINGTON — The Army has released suicide data for the month of December. Among active-duty Soldiers, there were 10 potential suicides; one has been confirmed as suicide, and nine remain under investigation.

For November, the Army reported 11 potential suicides among active-duty Soldiers. Since the release of that report, three have been confirmed as suicides, and eight remain under investigation.

There were 160 reported active-duty Army suicides during 2009. Of these, 114 have been confirmed, and 46 are pending determination of manner of death. During 2008, there were 140 suicides among active-duty Soldiers.

During December 2009, among Reserve Component Soldiers who were not on active duty, there were six potential suicides.

For the year 2009, among that same group, there were 78 total suicides. Of those, 49 were confirmed as suicides and 29 are pending determination of the manner of death. For 2008, there were 57 suicides among reserve Soldiers who were not on active duty.

“There’s no question that 2009 was a painful year for the Army when it came to suicides. We took wide-ranging measures last year to confront the problem, from the service-wide stand-down and chain-teach program, to enhanced suicide prevention programs and guidance for our Army units, and the suicide prevention research through our partnership with the National Institute of Mental

Health,” said Col. Christopher Philbrick, deputy director, Army Suicide Prevention Task Force.

“Now, in 2010, we’ll build on those efforts through a number of initiatives that include updated suicide prevention training and improved procedures to ensure Soldiers and families receive the support they need when undergoing key transitions such as moving to another duty station or separating from the Army.

“As part of the ongoing Army Campaign Plan for Health Promotion, Risk Reduction, and Suicide Prevention, the Army Suicide Prevention Task Force will complete a thorough analysis and assessment of each of the Army’s current suicide prevention programs to determine which are most effectively meeting the needs of the Army community,” Philbrick added. “Our assessment will give us the data we need to make decisions about how our programs should be expanded or adjusted, while at the same time maintaining our focus on saving Soldiers’ lives.”

The Army’s comprehensive list of Suicide Prevention Program information is located at [www.armyg1.army.mil](http://www.armyg1.army.mil).

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention).

Soldiers and Families in need of crisis assistance can contact Military OneSource or the Defense Center of Excellence for Psychological Health and Traumatic Brain Injury Outreach Center.

Trained consultants are available from both organizations around the clock.

## News and notes

### BLACK HISTORY MONTH MARCH

A commemorative march for the Orangeburg Massacre is scheduled for 9 a.m., Feb. 6, starting at the Solomon Center. The march will end at the Solomon Center and will be followed by a showing of “Separate but Equal.”

### “COME SEE YOUR ARMY” TOURS

The next “Come See Your Army” tour is scheduled for Feb. 19. Community members are invited to learn about various aspects of Basic Combat Training.

Call 751-1474/5327 to reserve a spot.



**Jan. 29 — 6 p.m.**

Invictus PG-13 134 min.

**Jan. 30 — 5 p.m.**

It’s Complicated R 120 min.

**Jan. 31 — 5 p.m.**

Invictus PG-13 134 min.

**Feb. 4 — 3 p.m.**

It’s Complicated R 120 min.

**Fort Jackson**

**Reel Time Theater**

(803) 751-7488

Closed Monday, Tuesday  
and Wednesday

**Ticket admission**

ADULTS \$4

CHILDREN (12 and  
younger ) \$2

Visit [aafes.com](http://aafes.com) for listings

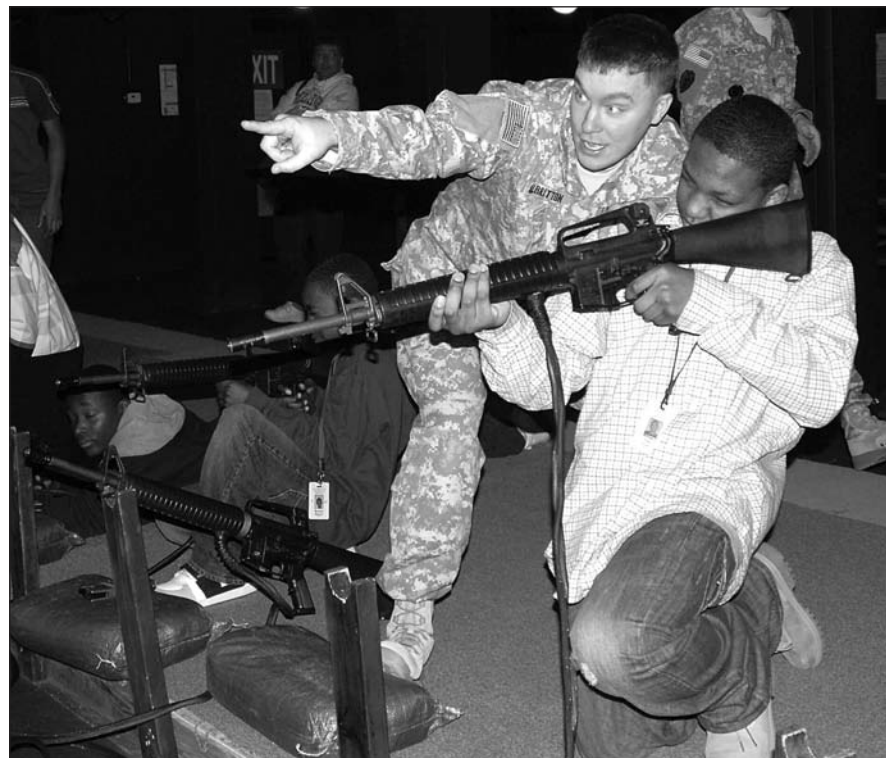
## Suicide prevention lecture



*Photo by STEVE REEVES*

Retired Command Sgt. Maj. Samuel Rhodes makes a point about suicide prevention during a presentation Friday at the 120th Adjutant General Battalion (Reception) Chapel. Rhodes’ speech was part of the NCO Academy Lecture Series.

## Student simulators



*Photo by KRIS GONZALEZ*

Staff Sgt. Bradley Allbritton, 1st Battalion, 34th Infantry Regiment, teaches Dent Middle School seventh graders how to fire an M-16 during simulated training at Fort Jackson’s EST 2000 facility. The battalion hosted the student trip last week.



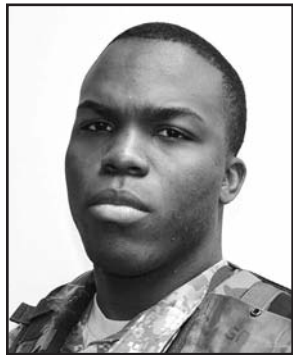
# Haiti quake hits close to home

## *Fort Jackson Soldiers, families affected by disaster*

By KRIS GONZALEZ and STEVE REEVES  
Fort Jackson Leader

Pvt. Laron Ellis said news of the earthquake in Haiti hit him particularly hard because his wife and several member of his immediate family were there for a funeral.

"My stomach just kind of emptied out," said Ellis, a Soldier with the 369th Adjutant General Battalion.



ELLIS

His wife and other family members were in Kafou when the earthquake hit Jan. 12, collapsing the house they were staying in.

After a flurry of phone calls, Ellis finally found out that his wife was not injured.

"Until I heard from her, I was just floating," he said.

His father-in-law suffered a broken leg, but all of Ellis' immediate family made it home alive. However, Ellis

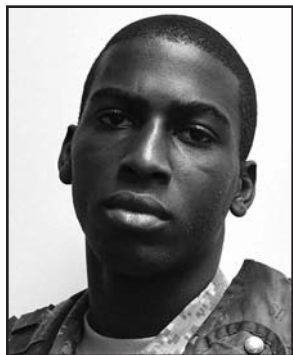
said, many of his relatives who live in Haiti were killed.

Not knowing the fate of relatives has been agony for Pvt. Guercy Dominique, also of the 369th. Despite repeated

phone calls to his family, Dominique doesn't know whether his aunt, uncle and cousin who live in Haiti are alive.

"I haven't heard anything yet," he said. "It's tough not knowing what's going on."

The earthquake that devastated Haiti on Jan. 12 sent shock waves through the Fort Jackson community.



DOMINIQUE

At least six people who died in the disaster were

known to be family members of Soldiers at Fort Jackson. Other Soldiers are known to have family members who are missing or injured due to the disaster.

Late in the afternoon on Jan. 12, Staff Sgt. Johny Eliscar, the logistics noncommissioned officer for Fort Jackson's HHD, 157th Infantry Brigade, made his usual daily phone call to his mother in Haiti.

But this time, mid-way through their conversation, Eliscar was startled by his mother's blood-curdling screams.

"Oh my God! Oh my God! Oh my God!"

Eliscar, who grew up in Bel Air, a poor suburb of Port-au-Prince, asked, "What happened? What happened?"

For many long minutes, Eliscar could not make sense of the chaos he was hearing through the phone.

Eliscar's mother finally explained to him that there had been an earthquake. She had been running from her house to seek safety, while another house merely 219 yards away had just collapsed in front of her.

It wasn't until later they both learned the earthquake had reached a magnitude of 7.0, and had destroyed Port-au-Prince and its surrounding areas in Haiti.

Although Eliscar was relieved to know his mother was alive, he was devastated to find out his great aunt had not



Courtesy photo

**Staff Sgt. Johny Eliscar, left, greets his godfather, Tolem Myrtill, during his most recent visit to Haiti in August. Eliscar's family home, located on the outskirts of Petionville, was spared from the devastation of recent earthquakes in the area.**

survived the powerful quake.

His mother later told him his cousin's son's legs were crushed after a wall collapsed on him. The child lived. Many of his boyhood friends had been killed, she told him. Many of his family members on his father's side are still unaccounted for.

"It's heartbreaking," he said.

Eliscar's colleague, Sgt. 1st Class Auston Charles, division chief for the Recruiting and Retention School here, last visited his native Haiti four years ago when he helped his father build a school in Jereme.

Charles' father just barely escaped death when the earthquake struck, Charles said. He was resting in a cement gazebo outside of his house in Jacmel, 25 miles south of Port-au-Prince. When he felt a slight shake at the beginning of the quake, he ran from the gazebo. Within seconds the gazebo collapsed.

"My father said it was completely flat," Charles said. "If he had gone back to grab his cell phone, he would have been crushed."

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# Take the Leader reader survey

Have you ever had a story idea that you thought would be great for the *Fort Jackson Leader*? Would you like to see more features about Soldiers excelling in their careers or additional coverage of Armywide issues?

Perhaps you would like more information about youth happenings, and answers to questions like how you can get your child

enrolled in that great magnet program you heard about. Well, now is your chance to let the *Fort Jackson Leader* know what issues are important to you.

The *Leader* staff is asking you to help us achieve our goal of informing, educating and entertaining the Fort Jackson community — our Army family — by completing a short survey. The survey is designed to

provide insight into what you, our audience, would most like to see in the paper this year. The information provided will help the *Leader* staff relay command information in a way that is most relevant to you.

To ensure that we have the opportunity to receive feedback from each of you, the survey is accessible several ways. Completed surveys can be dropped off at the

Public Affairs Office in person or by mail at 4394 Strom Thurmond Blvd., Fort Jackson, S.C., 29207 or by fax at 751-2722. Surveys can also be dropped off at any ICE drop box, which are located throughout post.

The survey will also be available online at <http://bit.ly/6chAh1>.

The survey deadline is Feb. 11.

**Please select the category that best fits your response for the below questions.**

1. What is your affiliation with the military? Please select only one option.
- ☐ Active military
- ☐ Military spouse
- ☐ Retiree
- ☐ Veteran
- ☐ DA Civilian
- ☐ Contractor
- ☐ Visiting Relative/Friend of Graduating Soldier
- ☐ Other (Please specify)

2. What is your age category?
- ☐ Younger than 18
- ☐ 18-24
- ☐ 25-35
- ☐ 36-45
- ☐ 46-55
- ☐ 56+

**Please provide information involving the readership of The Fort Jackson Leader by answering the following questions.**

3. The Leader newspaper is published weekly. In the past three months, about how many issues of the newspaper have you read?
- ☐ All
- ☐ Most
- ☐ A few
- ☐ None
4. On average, how much time do you spend reading each issue of the publication?
- ☐ Less than 5 minutes
- ☐ 5-10 minutes
- ☐ 11-20 minutes
- ☐ 20 + minutes
5. How do you most commonly access the Leader?
- ☐ Print
- ☐ Online
6. Where do you usually pick up a copy of the print version of the Leader?
- ☐ On-Post
- ☐ VA Hospital
- ☐ SC National Guard
- ☐ Fort Jackson Credit Union
- ☐ Local Restaurant (Please specify)
- ☐ Other (Please specify)

**Please rate the quality of content of The Fort Jackson Leader by answering the following questions.**

7. In general, how useful is the information in the Leader?
- ☐ Very useful
- ☐ Sometimes useful
- ☐ Not at all useful
8. How accurate do you find the information in the Leader?
- ☐ Very accurate
- ☐ Somewhat accurate
- ☐ Not at all accurate
9. How interesting is the information in the Leader?
- ☐ Very interesting
- ☐ Somewhat interesting
- ☐ Not at all interesting (Please specify)
10. How comprehensive do you find the articles in the Leader?
- ☐ Very comprehensive
- ☐ Somewhat comprehensive
- ☐ Not at all comprehensive
11. How important do you think it is for the Leader to keep you informed about Army-wide issues?
- ☐ Very important
- ☐ Somewhat important
- ☐ Not at all important
12. How satisfied are you with the overall appearance of the Leader?
- ☐ Very satisfied
- ☐ Somewhat satisfied
- ☐ Not at all satisfied (Please specify)

**13. Please rate the following sections of the Leader**

	Most important	Important	Unimportant
Around Post	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chapel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Commanders' Corner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DHR (ASAP)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family Page	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
First Responder (Cops)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FMWR	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Happenings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legal/Inspector General	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reserve Reports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Up Close (Features)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Op/Ed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vetting Veterans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Please help The Fort Jackson Leader staff select which content should be included in the publication for the 2010 calendar year by answering the following questions.**

14. What articles or information would you like to see in future issues of the Leader? Please select all that apply.
- ☐ Opinion/editorial
- ☐ Human Interest
- ☐ More personality features and historic features about Fort Jackson
- ☐ Brief articles on the surrounding community
- ☐ Perspectives from BCT Soldiers
- ☐ Feature articles about Soldiers
- ☐ More on sports and MWR events
- ☐ Job vacancies
- ☐ Other
15. Please provide any additional comments and/or suggestions regarding The Fort Jackson Leader





# Army Community Service

## February calendar of events

**Monday, Feb. 1**

**Play group** 10-11:45 a.m., 5614 Hood St., Room 8 (every Monday and Wednesday, except holidays)

**Tuesday, Feb. 2**

**Quick jobs seminar:** 9-11:30 a.m., Strom Thurmond Building, Room 222

**English as a Second Language class:** 9-11:30 a.m., 1877 Washington Road.

**Positive parenting 101 (newborn-5 years):** 2-4 p.m., Joe E. Mann Center, conference room

**Wednesday, Feb. 3**

**Annual Army Family Action Plan Conference:** 8 a.m. to 5 p.m., Officers' Club

**Newcomers' orientation/re-entry brief:** 9 a.m. to noon, Post Conference Room

**Child abuse awareness class (annual review):** noon to 1 p.m., 5614 Hood St., Room 10

**Child abuse awareness class (new staff):** noon to 2 p.m., 5614 Hood St., Room 10

**Phase II LEVY briefing:** 2:30-3:30 p.m., Strom Thurmond Building, Room 213

**Thursday, Feb. 4**

**Annual Army Family Action Plan Conference:** 8 a.m. to 5 p.m., Officers' Club

**AER commander's referral training:** 9-10:30 a.m., Education Center, Room B302

**WorkKeys Assessment:** 9 a.m. to noon, Strom Thurmond Building, Room 222 (\$36 assessment fee)

**Saturday, Feb. 6**

**EFMP Circus trip (free for EFMP families):** 10 a.m., Jamil Shrine Temple

**Tuesday, Feb. 9**

**FRG trauma in the unit seminar:** 9-11 a.m., Family Readiness Center

**Mini job fair (active/retiree military personnel and family members only):** 9 a.m. to noon., Strom Thurmond Building, Room 222

**Managing emotions under pressure:** 10:30 a.m. to 4 p.m., 5615 Hood St., Room 10

**FRG care teams seminar:** 1-2:30 p.m., Family Readiness Center

**Wednesday, Feb. 10**

**Employment readiness program orientation:** 8:30 a.m. to noon, Strom Thurmond Building, Room 222

**Bullying awareness lunch & learn:** 11 a.m. to 1 p.m., 5614 Hood St., Room 10

**Resume writing for beginners:** 1-3 p.m., Strom Thurmond Building, Room 222

**Tuesday, Feb. 16**

**Stress/anger management lunch & learn:** 11 a.m. to 1 p.m., 5614 Hood St., Room 10

**Positive parenting 101 (5-12 years):** 2-4 p.m., Joe E. Mann Center, conference room

**Wednesday, Feb. 17**

**Steps to federal employment:** 9 a.m. to noon,

Strom Thurmond Building, Room 222

**Information Exchange Council meeting:** 9 a.m., Post Conference Room

**Financial readiness for first termers:** 8:30 a.m. to 4:30 p.m., Education Center, Room B302

**SOS support group - money management for families of fallen Soldiers:** 11 a.m. to 1 p.m., Family Readiness Center

**Phase II LEVY briefing:** 2:30-3:30 p.m., Strom Thurmond Building, Room 213

**Thursday, Feb. 18**

**Financial/relocation initial PCS class:** 9-10:30 a.m. Education Center, Room B302

**Monday, Feb. 22**

**Child abuse awareness class (annual review):** 5:30-6:30 p.m., 5614 Hood St., Room 10

**Child abuse awareness class (new staff):** 5:30-7:30 p.m., 5614 Hood St., Room 10

**Wednesday, Feb. 24**

**FRG training:** 9 a.m. to 4 p.m., Family Readiness Center

**Thursday, Feb. 25**

**Hearts apart support group Valentine Party:** 6-7:30 p.m., Family Readiness Center



For more information or to register for classes, call 751-5256 or 751-6325.  
This information is published the last week of each month in *The Fort Jackson Leader*.



Calendar

*Friday*  
**193rd Infantry Brigade game night**  
6 p.m., Solomon Center  
Texas Hold'em, spades and dominoes tournaments.

**Clothing swap**  
4-6 p.m., Housing Community Center,  
Join the Exceptional Family Member and  
New Parent Support Group programs for a  
clothing swap and pizza party. Bring gen-  
tly used or new clothes to swap. Call 751-  
5256 to RSVP.

*Friday, Feb. 4*  
**National Prayer Breakfast**  
7 a.m., NCO Club

**Fort Jackson School Board meeting**  
4 p.m., C.C. Pinckney Elementary School

*Tuesday, Feb. 9*  
**Mini job fair**  
9 a.m. to noon, Strom Thurmond Build-  
ing, Room 222  
Open to all military personnel and family  
members.

**Town hall meeting**  
5:30 p.m., Solomon Center

*Thursday, Feb. 11*  
**Army Emergency Relief class**  
9-10:30 a.m., Education Center  
Open to any company commander or first  
sergeant who has not already attended.  
Call 751-5256 to register.

*Thursday, Feb. 17*  
**Black History Month luncheon**  
11:15 a.m. to 1 p.m.  
James McLawhorn Jr., president of the  
Columbia Urban League, will serve as  
guest speaker. Contact the Equal Employ-  
ment Opportunity Office, unit equal op-  
portunity adviser or unit representative for  
ticket information.

Housing events

*All events are held in the Community  
Center, 520 Brown Ave., unless otherwise  
specified. Call 738-8275 for information.*

*Tuesday, Feb. 9*  
**Neighborhood Huddle**  
5:30 p.m., Community Center

*Thursday, Feb. 11*  
**Neighborhood Huddle**  
10 a.m., Community Center

*Friday, Feb. 12*  
**Day at the Spa**  
10 a.m. to 2 p.m., Community Center  
RSVP. Limited to first 25 participants.

Announcements

**COME SEE YOUR ARMY TOURS**  
The next “Come see your Army” tour  
is scheduled for Feb. 19. These monthly  
tours provide the community with an op-  
portunity to attend a Basic Combat Train-  
ing graduation; observe Soldiers in  
training; get hands-on experience with a  
state-of-the-art weapons simulator sys-  
tem; eat lunch at a military dining facility  
and shop for souvenirs. Call 751-  
1474/5327 to reserve a spot.

**ISSUE SUBMISSION MONTH**  
Issues are now being collected for the  
2010 Army Family Action Plan Confer-  
ence. Issues must not affect only an indi-  
vidual, but also Soldiers, family members,  
retirees or civilian employees. Issues may  
pertain to any subject that affects military  
quality of life.

Submit an issue online at [www.jack-son.army.mil/wellbeing/survey.htm](http://www.jack-son.army.mil/wellbeing/survey.htm) or  
complete a hard copy at the installation’s  
designated ICE boxes. The issues will be  
discussed at the AFAP Conference, Feb.  
3-4. Call 751-6315 or e-mail  
[Veronica.Jacksonpatrick@us.army.mil](mailto:Veronica.Jacksonpatrick@us.army.mil).

**ENGINEER BATTALION POSITIONS**  
The 1st Battalion, 108th Engineer Reg-  
iment, McWhorter Reserve Center, is re-  
cruiting qualified engineering Soldiers,  
E-5 through E-7 and O-2 through O-4.  
Call 738-7462 or e-mail [Teresa.A.Spann@usar.army.mil](mailto:Teresa.A.Spann@usar.army.mil) for information.

**CHAPEL DRUMMER SOUGHT**  
The Daniel Circle Gospel service is  
taking bids for a drummer. Call 751-4478  
for information.

**RED CROSS RELOCATION**  
The American Red Cross has relocated  
to 2464 Anderson St., Tower 4, third  
floor. The building is located behind the  
Shoppette on Marion Avenue. Hours of  
operation are 7:30 a.m. to 4:30 p.m.

**MAIL HANDLERS COURSE**  
The Mail Handlers Course is sched-  
uled for Feb. 10 at the Fort Jackson Edu-  
cation Center, Room B206. The Mail  
Orderly Course is scheduled from 8:30-  
9:15 a.m. and the Mail Clerk Course is  
scheduled from 9:30 a.m. to noon. Ad-  
vance enrollment is necessary. Call 751-  
5335 for information.

**MILITARY CHILDREN SCHOLARSHIP**  
Scholarship applications for the 2010  
Scholarships for Military Children Pro-  
gram are available at <http://www.commis-saries.com> or at <http://www.militaryscholar.org>.  
Unmarried dependent children  
younger than 21 (or 23 if enrolled as a

full-time student at a college or university)  
of active duty, Reserve, National Guard  
and retirees are eligible. Applications are  
due Feb. 17. One scholarship per store will  
be awarded.  
This year’s essay topic: “You can travel  
back in time; however, you cannot change  
events. What point in history would you  
visit and why?”

**THRIFT SHOP**  
The Thrift Shop hours of operation are  
9 a.m. to 3 p.m., Tuesday and Wednesday,  
and Thursday, 9 a.m. to 5 p.m. Consign-  
ments are accepted 9:30 a.m. to 12:30 p.m.  
each of those days. Bookkeeping hours are  
Tuesday and Thursday, 9 a.m. to 1 p.m.

**TRIBUTE TO FREEDOM**  
Operation Tribute to Freedom is an out-  
reach program designed to work in con-  
junction with public affairs offices to  
honor Soldiers who have or are currently  
serving in support of Operation Iraqi Free-  
dom/Operation Enduring Freedom through  
media, speaking and event opportunities.  
Call 751-5327 for information.

**WEAPONS REGISTRATION OFFICE**  
The Weapons Registration Office has  
moved to Room 226, Strom Thurmond  
Building. Office hours are: 7:45 a.m. to  
4:30 p.m., Monday through Friday. Call  
751-6929/5887/5856 for information.

**ID CARD SECTION CLOSURE**  
All ID Card sections in the Directorate  
of Human Resources will be closed Jan. 28  
for mandatory training. Alternate locations  
have been established to assist customers:  
Navy Reserve Center, 2620 Lee Road,  
751-9250/9251/9253; Shaw Air Force  
Base, 504 Shaw Drive, Sumter, S.C., 895-  
1596/1598; National Guard Center, 1 Na-  
tional Guard Road, 806-2078.

**DISNEY VACATIONS**  
Through July 31, each active or retired  
member of the U.S. military may purchase  
up to six special four-day promotional  
tickets to the Shades of Green Resort for  
\$99 each. Visit [www.shadesofgreen.org](http://www.shadesofgreen.org) for  
more information.

**LEADER ANNOUNCEMENTS**

Community submissions to the *Leader* should be typed and no more than 45 words.

☐ Announcements are due one week before the scheduled publication. For ex-ample, an announcement for the Feb. 11 *Leader* must be submitted by Feb. 4.

☐ Stories are due two weeks before the scheduled publication. For example, an announcement for the Feb. 11 *Leader* must be submitted by today.

☐ Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).

☐ For classified advertisements: Fax to 432-7609 or e-mail your classified to: The Fort Jackson Leader, P.O. Box 1137, Camden, S.C., 29020.

☐ For display advertising call Kathy at 786-5681.

Off-post events

**RECRUITMILITARY EXPO**  
A free employment, entrepreneurship  
expo for veterans, transitioning active  
duty, Reserve and National Guard Sol-  
diers, is scheduled for today at the Lowe’s  
Motor Speedway, Charlotte, N.C. To reg-  
ister, visit <http://www.recruitmilitary.com>.

**BOY SCOUT COURT OF HONOR**  
A Court of Honor for Fort Jackson  
Boy Scouts, Troop 89, is scheduled for  
6:30 p.m., Feb. 9, at the south cabin (next  
to Victory Tower). There will be a pot  
luck.Call (850) 293-4716 or e-mail [Mect-bone1@aol.com](mailto:Mect-bone1@aol.com) by Feb. 5 to RSVP.

**BLACK HISTORY PROGRAMS**  
The Richland County Public Library is  
offering a variety of free events through-  
out the month of February. The first  
event, “An Overview of African-Ameri-  
can Music: Sing, Children Sing,” is  
scheduled for 7 p.m., Feb. 2, in the Bo-  
stick Auditorium of the Main Library.  
Call 799-9084.

**VALENTINES FOR VETERANS**  
An Aaron Tippin concert is scheduled  
for 6 p.m., Feb. 12, at the Citadel’s McAl-  
ister Field House, 171 Moultrie St.,  
Charleston. Free tickets are available for  
veterans. Call 843-789-7095 or visit  
[www.Charleston.va.gov](http://www.Charleston.va.gov).

**PALMETTO PAINTERS**  
The Palmetto Painters are scheduled to  
meet at 10 a.m., Feb. 13, at Green Hill  
Baptist Church, 1734 Augusta Road,  
West Columbia. The program will cover  
Easter bunnies and Easter eggs in acrylics  
on a faux finish background. Call 781-  
2340 or visit [www.PalmettoPainters.com](http://www.PalmettoPainters.com).

**MINORITY SCHOLARSHIP**  
The Richland County Public Library  
Foundation has established the Ethel  
Bolden Minority Scholarship. The \$2,500  
scholarship will be awarded annually  
from 2010 through 2013. Call 929-3424  
or visit [www.myRCPL.com/foundation](http://www.myRCPL.com/foundation).



# AFC delivers family programs, services

In the words of both our Army Secretary and Chief of Staff, never before in the history of our Army have we asked so much of our families. They are serving side-by-side with our Soldiers, enduring their hardships and providing the unconditional love and support that truly make our Army strong.

The Army Family Covenant pledges our commitment to support Soldiers and their families and resource programs to provide them a quality of life commensurate with their service.

On Oct. 8, 2007, the Army unveiled the Army Family Covenant, which institutionalizes the Army's commitment to provide Soldiers and families — active, Guard, and Reserve — a quality of life commensurate with their level of service and sacrifice to the nation. It commits the Army to improve family readiness by:

- Standardizing family programs and services

- Increasing accessibility to health care

- Improving Soldier and family housing

- Ensuring excellence in Child, Youth and School Services

- Expanding education and employment opportunities for family members

The Army has made significant progress in improving family programs, health care, housing, child and youth services, recreation, education and employment opportunities, but there is still work to be done to build an environment where Army families can prosper and realize their full potential.

## FAMILY PROGRAMS AND SERVICES

The Army is committed to standardizing family programs and services.

What the Army Family Covenant means to you at Fort Jackson:

- Standardized Army Community Service staffing and programs at the garrisons and added seven positions at Fort Jackson. Total contacts for all family programs increased from 135,000 in fiscal year 2007 to 215,000 in fiscal year 2009, with significant increases in all ACS programs.

- In the Employment Readiness Program, which helps family members to find jobs, the amount of counseling sessions to adults increased more than 30 percent between fiscal year 2007 and fiscal year 2009 from 706 to 999. Individual contacts with teens seeking employment went from none in fiscal year 2007 to 1,800 in fiscal year 2009 and three teen job fairs were provided. An on-site job resource center within ACS was established in fiscal year 2008 that has contributed to this increase.

- The Exceptional Family Member Program showed an increase of more than twice the number of family members receiving counseling between 2007 and 2009 from 283 to 740, and the number of people receiving briefings and trainings in this area increased from 916 in 2007 to 5,000 in 2009.

The program also received \$72,800 to provide temporary rest periods for family members responsible for regular care of people with disabilities. The program now

## Army Family Covenant

By THERESA O'HAGAN

*Family and Morale, Welfare and Recreation*

provides up to 40 hours of free respite care per month with assistance to qualified EFM families. Various support groups and recreational activities are also provided.

- ACS funds child care so that Family Readiness Group volunteers can attend FRG meetings.

- In the New Parent Support Program, services were added to provide for home visits and expanded advice and

assistance to expectant and new parents, with approximately 1,300 people attending training provided by this new service. The Family Advocacy Program doubled its number of people trained from 9,300 in 2007 to 18,600 in 2009.

- The ACS Financial Readiness Program partnered with local Consumer Credit Counseling to provide Soldiers and family members assistance with debt liquidation and with

the Better Business Bureau and the South Carolina Department of Consumer Affairs to offer Soldiers and family members assistance with consumer advocacy. There were three military family life consultants provided to Fort Jackson for professional financial planning. The number of individuals trained in financial planning went from 3,200 in fiscal year 2007 to 11,000 in fiscal year 2009. The financial-counseling and debt-reduction services provided to Fort Jackson personnel represented a combined debt reduction of \$257,000.

- Within the Relocation Program a service was added to assist Soldiers and families with all aspects of immigration services, and there were 273 individual contacts in this area. The first naturalization ceremony was held on Fort Jackson during fiscal year 2009 with nine Soldiers becoming citizens. Also, services to junior enlisted Soldiers through the Relocation Program have increased from 110 in fiscal year 2007 to 487 in fiscal year 2009. ACS sponsors a "waiting families" support group consisting of geographically separated spouses that meets both on and off post on a monthly basis. The purpose of this group is the keep families informed on community information and support activities available.

- Collaboration between the Relocation and Outreach Programs resulted in assisting command to provide sponsors for 246 families. The Outreach Program has established a spouse sponsorship program, which has helped to rejuvenate the Soldier sponsors.

- The Survivor Outreach Program was initiated in fiscal year 2009. It is designed to improve support for survivors of fallen Soldiers. Fort Jackson received a program coordinator and financial counselor in ACS to provide services. Nearly 200 contacts have been made in this program.

**Editor's note:** This article is part of a series on the changes the Army Family Covenant has initiated. Next week's article will focus on Child and Youth Services.



## FMWR calendar

### THURSDAY

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magraders Pub and Club is open for lunch.
- ☐ Victory Bingo, 2-11 p.m.
- ☐ Sleepy story time, 6:30-7 p.m., post library. Come in your PJs and go home ready for bed.

- ☐ Hit the trail with the EDGE! Biking 101, 4-6 p.m., Youth Services Center.

### FRIDAY

- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.

- ☐ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for the Blue Plate Specials.

- ☐ Victory Bingo, starts at 2 p.m.

- ☐ Get Brown around the EDGE! with baking classes, 5-6:30 p.m. Open to 11-18 year olds. Free for middle school students and teens.

- ☐ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.

### SATURDAY

- ☐ Step Team practice, 2 p.m., dance room at the Youth Services Center.

- ☐ Victory Bingo, starts 4 p.m.

- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.

- ☐ Learn fly fishing, 1-3 p.m., Marion Street Station.

### SUNDAY

- ☐ Family day at the Youth Services Center, 2-6 p.m.

- ☐ Traditional brunch, 11 a.m. to 1:30 p.m., Officers' Club. Coat and tie are no longer required. T-shirts, running attire and flip flops are not permitted. Call 751-4906/782-8761 for reservations.

- ☐ Victory Bingo, starts 10 a.m.

### MONDAY

- ☐ The EDGE! Crazy love stuff, 3:30-5 p.m. at 5955D Parker Lane.

### TUESDAY

- ☐ Hit the trail with the EDGE! Biking 101, 4-6 p.m., Youth Services Center.

- ☐ The EDGE! Lights, camera, action. Learn how to create a storyboard, film, edit and make a real movie, 4-6 p.m. For ages 11-18. Free for middle school students and teens.

### WEDNESDAY

- ☐ Visit the Officers' Club, 11 a.m. to 1:30 p.m. for Mongolian BBQ buffet.

- ☐ Get your party on at the NCO Club, 8 p.m. Cost is \$5 for military, \$7 for civilians.

- ☐ The EDGE! Lights, camera, action. Learn how to create a storyboard, film, edit and make a real movie, 4-6 p.m. For ages 11-18. Free for middle school students and teens.

- ☐ Let 'Er Roll bowling, Wednesdays and Fridays, 3:30-5 p.m., Century Lanes Bowling Center. For ages 8-16. Children 8-10 years old pay \$7.50 per class or \$60 for the month. Free for middle school students and teens.

- ☐ Karaoke night with Tom Marable, Magrader's Pub. Cost is \$3 for military, \$5 for civilians.

For a complete calendar of FMWR events, visit [www.fortjacksonmwr.com](http://www.fortjacksonmwr.com).



# Prayer: Not a ‘me’ thing, but a God thing

By **CHAPLAIN (MAJ.) GLENN PALMER**  
*U.S. Army Chaplain Center and School*

*“Devote yourselves to prayer, keeping alert in it with thanksgiving.” (Colossians 4:2)*

A few weeks ago, while Pam and the boys were at Club Beyond, I plunked down in my armchair for some “couch potato” time.

The movie “Patton” was on the tube so I settled in with a bowl of popcorn to enjoy the show.

There is a scene in the movie that is familiar to many chaplains and is the stuff of urban legend. U.S. Soldiers are

trying to push its way toward Germany but the bad weather keeps holding them back. So Gen. George S. Patton calls for the chaplain and orders him to pray for some good weather.

The chaplain attempts to talk Patton out of it, explaining how he really doesn’t have that kind of authority and power. But Patton will have none of that and takes the chaplain to task. “If you ask the Almighty for it, he’ll do it.”

The chaplain prays and, sure enough, the weather clears. The Army goes on to victory. The chaplain gets promoted. Sometimes the bear gets us but every now and then we get the bear.

That is how to live a godly life. We are not to pray as

“if” God answers prayer. But we are to pray boldly, trusting through faith, by grace, that God answers prayer in his own way and in his own time.

When we live out the life of prayer, great things happen. We are connected to God (truly an answer to prayer) and others in relationship by the power of God’s spirit.

God saves, heals, strengthens and forgives and cares and challenges and comforts. We may not always receive what we want, but we certainly receive what we need.

In prayer we are drawn out of ourselves towards God and others. Lives are changed. Great things happen; not because it’s a “me” thing, but because it’s simply a God thing.



Photo by STEVEN HOOVER, U.S. Army Chaplain Center and School

**Army, Air Force and Navy chaplaincy personnel sing the hymns of each service during the first worship service Jan. 19 at the Armed Forces Chaplaincy Center auditorium. The service was a way to bring together the chaplains, chaplain assistants and religious program specialists from the various services before they begin training.**

## First AFCC worship service unites three branches

By **AIR FORCE CHAPLAIN (MAJ.) RANDALL GROVES**  
*Air Force Chaplain Corps College*

The U.S. Army Chaplain Center and School, the Naval Chaplaincy School and Center, and the Air Force Chaplain Corps College gathered in the auditorium of the newly constructed Armed Forces Chaplaincy Center Jan. 19 for their first inter-faith worship and prayer service.

Participants sang the Army, Navy, and Air Force hymns. Chaplain (Col.) Samuel Boone, USACHS commandant, Air Force Chaplain (Col.) Steven Keith, AFCCC and AFCC Commandant, and Navy Chaplain (Capt.) Michael Langston, NCSC commanding officer, shared scripture and spoke to the participants.

Each commandant spoke about how the nation depends on the AFCC to provide quality training for chaplains, chaplain assistants and religious program specialists.

“These are exciting days,” Keith said, “because of the privilege and high calling of caring for the souls of our men and women in uniform, their dependents and civilians.”

Keith said he organized the worship service to bring together the Soldiers, Airmen and Sailors attending the combined school.

“It’s the right thing to do,” he said. “We should worship together before we start any training.”

He said he wants to communicate that what the chaplains and chaplain assistants do as professional educators is secondary to they are as people.

“Regardless of our service component, God has called all of us to serve his children,” he said.

The building is expected to be completely finished by mid-February.

The official dedication ceremony for the building is scheduled for May 6.



### PROTESTANT

- Sunday
  - 9 a.m. and 10:30 a.m. Magruder Chapel
  - 9:30 a.m. Main Post Chapel
  - 9:30 a.m. Daniel Circle Chapel (Gospel) service at the Post Theater
  - 9:30 a.m. Solomon Center (Hispanic)
  - 9:40 a.m. Moncrief Army Community Hospital
  - 10:45 a.m. Post-wide Sunday School (Main Post Chapel)
  - 11 a.m. Memorial Chapel
  - 11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
  - 6 p.m. Prayer Service Magruder Chapel

#### Protestant Bible Study

- Monday
  - 7 p.m. Women’s Bible Study (PWOC — Main Post Chapel, Class 209)

- Wednesday
  - 7 p.m. Anderson Street Chapel
  - 7 p.m. Gospel Mid-week prayer/Bible study Magruder Chapel
  - 7 p.m. Gospel Congregation’s Youth (Magruder Chapel)
- Thursday
  - 9:30 a.m.-noon Women’s Bible Study (PWOC, Main Post Chapel)
  - 6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
  - 7 p.m. LDS Bible Study (Anderson Chapel)
- Saturday
  - 8 a.m. Men’s Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall))

#### PROTESTANT YOUTH OF THE CHAPEL

- Saturday
  - 11 a.m. Magruder Chapel (third Saturday)
- Sunday
  - 5 p.m. Main Post Chapel

### CATHOLIC

- Monday-Thursday
  - 11:30 a.m. Mass (Main Post Chapel)
- Sunday
  - 8 a.m. Mass (Solomon Center)
  - 11 a.m. Mass (Main Post Chapel)

- 9:30 a.m. CCD (Education Center)
- 9:30 a.m. Adult Sunday School
- 12:30 a.m. Catholic Youth Ministry
- Wednesday
  - 7 p.m. Rosary
  - 7:30 p.m. RCIA/Adult Inquiry

### ANGLICAN/LITURGICAL

- Sunday
  - 8 a.m. Anderson Street Chapel

### ISLAMIC

- Sunday
  - 8-10 a.m. Islamic Studies (Main Post Chapel)
- Friday
  - 12:30-1:45 p.m. Jumah Services (Main Post Chapel)

### JEWISH

- Sunday
  - 9:30-10:30 a.m. Memorial Chapel
  - 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

### CHURCH OF CHRIST

- Sunday
  - 11:30 a.m. Anderson Street Chapel

### LATTER DAY SAINTS

- Sunday
  - 9:30 a.m. Anderson Street Chapel

### ADDRESSES, PHONE NUMBERS

- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**  
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**  
9476 Kemper St., 751-4542
- Family Life Chaplain**  
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**  
4581 Scales Ave.
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**  
1895 Washington St., 751-5086
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Chaplain School**  
10100 Lee Road, 751-8050

# HPV prevention reduces cancer risk

By **TIM COFFEY, Adult Nurse Practitioner**  
*Moncrief Army Community Hospital*

Moncrief Army Community Hospital, along with other national organizations, is recognizing January as Cervical Cancer Awareness Month and now is the time to get the facts about this deadly disease.

According to the American Cancer Society, each year in the United States more than 11,000 women are diagnosed with cervical cancer. That means that approximately 30 women each day will need to tell their families and loved ones that they have the disease.

Cervical cancer is the only cancer caused by a common virus — the human papillomavirus. Because HPV often has no signs or symptoms, many people do not know they have it. For most people, HPV clears on its own. However, for some women, cervical cancer can develop. In addition, there is no way to predict who will develop cervical cancer from the virus.

The good news is that there are important steps you can

take to help protect yourself and the other women in your life. Talk to your provider about preventive steps such as receiving the HPV vaccination that can prevent most cervical cancers. Be sure to get a regular Pap test, which is a test that looks for abnormal cervical cells before they have a chance to become precancerous or cervical cancer.

Call and make an appointment today with your health care provider to make sure you are doing everything you can to help protect yourself against cervical cancer. Then make sure all the women in your life are doing the same.

Some HPV facts for Cervical Cancer Awareness Month:  
☐ About 30 types of HPV affect the genital area, and 4 of those types that cause most HPV diseases in women. (Source: [www.hpv.com](http://www.hpv.com))

☐ An estimated 8 out of 10 women will become infected with HPV in their lifetime and every day about 12,000 people ages 15 to 24 are infected with HPV. (Source: [www.hpv.com](http://www.hpv.com))

☐ Many women with cervical cancer were probably exposed to HPV in their teens and 20s. (Source:

[www.hpv.com](http://www.hpv.com))

☐ Worldwide, cervical cancer is the second most common cancer affecting women. (Source: ACS Global Cancer Facts & Figures, 2007)

☐ HPV is the most common sexually transmitted infection. At least 70 percent of sexually active people will get HPV at some time in their lives. (Source: <http://www.cervicalcancercampaign.org/hpvfacts/index.html>)

☐ 11 percent of United States women report that they do not have their Pap test screenings (Source: <http://www.nccc-online.org/>)

☐ Between 60 percent and 80 percent of women with advanced cervical cancer have not had a pap test in the past five years. (Source: <http://www.cancer.org>)

☐ A woman who does not have her three shot prevention vaccine and her regular Pap test screen and HPV test when recommended significantly increases her chances of developing cervical cancer. (Source: <http://www.nccc-online.org/>)

## TRICARE expanded services in 2009

*From TRICARE Management Activity*

The past year has been a busy one for TRICARE with the introduction of a new Web-based counseling program and major enhancements to several other TRICARE benefits.

Introduced Aug. 1, the TRICARE Assistance Program uses today's constantly evolving Web-based technologies to bring short-term professional counseling assistance closer to the people who often need it most: service members and veterans recently returned from overseas and their families who have persevered through the deployment.

TRIAP is available in the United States to active duty service members, those eligible for the Transition Assistance Management Program and members enrolled in TRICARE Reserve Select. It is also available to their spouses, no matter their age, and other eligible family members 18 years or older.

Beneficiaries with a computer, Webcam and the associated software can speak "face-to-face" with a licensed counselor over the Internet at any time of the day or night.

Eligible beneficiaries can get more information about TRIAP and other behavioral health resources by visiting [www.tricare.mil/mentalhealth](http://www.tricare.mil/mentalhealth).

### ECHO BENEFITS INCREASES

TRICARE has increased the amount it pays for certain Extended Care Health Option benefits. ECHO assists eligible family members of active duty sponsors who are

diagnosed with moderate or severe mental retardation, a serious physical disability, or an extraordinary physical or psychological condition.

The total TRICARE cost share for training, rehabilitation, special education, and assistive technology devices was increased to \$36,000 per fiscal year. This covers institutional care in private, nonprofit, public and state institutions and facilities and, if appropriate, transportation to and from such institutions and facilities. To learn more about ECHO, go to [www.tricare.mil/echo](http://www.tricare.mil/echo).

### PREVENTIVE CARE ENHANCED

Getting clinical preventive services can help prevent major health problems. In September, TRICARE waived all cost shares for Standard beneficiaries for colorectal cancer, breast cancer, cervical cancer and prostate cancer screenings, immunizations and well-child visits for children younger than 6.

Also, for all beneficiaries older than 6, when a visit to a health care provider includes one or more of the benefits listed above, the cost share for the visit is waived. Other services provided during the same visit are subject to cost shares and deductibles.

### ACTIVE DUTY DENTAL PROGRAM

TRICARE also launched a new dental program for active duty service members. The Active Duty Dental Program is designed for service members assigned to locations with no access to a military dental facility, and those referred by their dental treatment facility to the civilian network for

specialty care or due to unavailability of timely DTF appointments.

For more information about this new dental program, go to [www.addp-uccl.com](http://www.addp-uccl.com).

### OTC MEDS WITHOUT COPAY

Due to positive feedback and cost savings, TRICARE's over-the-counter medication demonstration was continued. The demonstration allows TRICARE beneficiaries to substitute certain prescription drugs with over-the-counter versions for zero copay.

OTC medications are generally less expensive than their prescription versions, by as much as 400 percent in some cases.

To get the covered OTC allergy medications cetirizine and loratadine, and heartburn medications (proton-pump inhibitors) Prilosec OTC and its generic form omeprazole with no out-of-pocket costs, beneficiaries still need a prescription from their health care provider specifically for the OTC drug.

After submitting the prescription at any TRICARE retail network pharmacy or through the TRICARE mail-order pharmacy, the prescription for the OTC medication is filled at no cost.

For more information about the TRICARE Pharmacy Program, go to [www.tricare.mil/pharmacy](http://www.tricare.mil/pharmacy).

After a busy year in 2009, TRICARE is looking forward to an equally productive 2010. Visit [www.tricare.mil/pressroom](http://www.tricare.mil/pressroom) for news throughout the year.

Receive benefit information direct from TRICARE via e-mail by signing up at [www.tricare.mil/subscriptions](http://www.tricare.mil/subscriptions).

## MACH updates

### NO-SHOWS / CANCELLATIONS

Every no-show appointment results in a loss of resources and prevents other patients from gaining access to medical care. To cancel an appointment after duty hours, call 751-2904. From 7:30 a.m. to 4 p.m., call 751-CARE (2273) to cancel an appointment.

### OUT-PROCESSING POLICY

Soldiers must now clear the Army Substance Abuse Program, Social Work Services and Behavioral Health prior to leaving the installation. The Soldiers' out-processing will include a review of medical records and provide an opportunity for the Soldier to receive care or information at his or her gaining installation. Out-processing hours are 8-11 a.m., Tuesday and 1-4 p.m. Thursday, at MACH, Room 7-90. Call 751-2235.

### ORTHOPEDIC CLINIC

The MACH Orthopedic Clinic is currently scheduling only active-duty Soldiers for follow-up appointments. If you need assistance obtaining orthopedic care, call the referral center at 751-2363.

### MACH CLOSES ENROLLMENT

Because of a shortage of on-post primary care providers, active duty family members will no longer be able to enroll for services at MACH. Family members will have a choice of Primary Care Managers in the TRICARE Prime network in the civilian community.

### APPOINTMENTS ON TWITTER

MACH is announcing same-day appointments for primary care on Twitter. Sign up at [www.twitter.com/machcsd](http://www.twitter.com/machcsd).

### LEADER INFORMATION

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☐ Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).

☐ For more information, call 751-7045.



# FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Col. Ronald F. Taylor**  
*Director,*  
*Emergency Services/Provost Marshal*  
**Sgt. Maj. Glen W. Wellman III**  
*Provost Sergeant Major*  
**Billy Forrester**  
*Fire Chief*



## CASES OF THE WEEK

❑ A civilian was cited for driving too fast for conditions and driving with a suspended license after he crashed his car into a force protection gate at Gate 2, Military Police said. Damages to the car included dents and scratches to the both passenger side doors. The gate was also scratched and dented. The man’s driver’s license was confiscated, MPs said.

❑ Military Police are investigating the theft of nearly \$800 worth of video games and equipment, MPs said. MPs were called to Building 4512 after a civilian reported three game systems, controllers and one video game missing, MPs said.

are required to register their vehicles on the installation.

Army Regulation 190-5, Paragraph 3-1, a. states in part: “Motor vehicles will be registered according to guidance in this regulation and in policies of each service...Persons who live or work on an Army installation, or National Guard/Army National Guard of the United States facility, or often uses the facility (are) required to register his or her vehicle.”

Fort Jackson Supplement 1 to Army Regulation also includes registration requirement for registering vehicles on post. Anyone who is required to register his or her vehicle and fails to do so can be issued a citation and barred from driving the unregistered vehicle onto post.



## TIP OF THE WEEK

Those who live or work on Fort Jackson

**FORCE PROTECTION  
THOUGHT OF THE WEEK**

**The 5th Sign of Terrorism**

**# 5 Suspicious People Who Do Not Belong**  
Another pre-incident indicator is observing suspicious people who just don’t belong. This includes suspicious border crossings, stowaways aboard a ship or people jumping ship in a port. It could be someone in a workplace, building, neighborhood or business establishment who does not fit in because of their demeanor or unusual questions he/she is asking

**LEADER ANNOUNCEMENTS**

Community submissions to the *Leader* should be typed and no more than 45 words.

❑ Announcements are due one week before the scheduled publication. For example, an announcement for the Feb. 11 *Leader* must be submitted by Feb. 4.

❑ Stories are due two weeks before the scheduled publication. For example, an announcement for the Feb. 11 *Leader* must be submitted by today.

❑ Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).

# Unpaid child support can be collected

By **CAPT. SCOTT SOMERSET**  
Legal Assistance Office

The issues of garnishment and involuntary allotment most frequently appear regarding child support enforcement. Below is a list of questions that are often asked by Soldiers and their dependents.

*A Soldier, or former spouse, has been ordered by the court to pay child support. How do I collect if the Soldier/spouse fails to pay?*

There are two methods of collecting unpaid child support: garnishment and involuntary allotment.

*What is garnishment?*

Garnishment means going to court to get direct payments of support from a person's employer, deducted from his or her paycheck each month (just like taxes and Social Security).

All pay after taxes is garnishable. That includes basic pay, hazardous duty pay, severance pay, sick pay, cash awards, pensions, retirement, etc. However, allowances, such as Basic Allowance for Housing, Basic Allowance for Subsistence and Family Separation Allowances, cannot be garnished.

Garnishment may be used to enforce a Soldier's or spouse's obligation to pay child support (and/or alimony if a state law allows it).

*Can I use garnishment proceedings in all states?*

Yes. All states allow garnishment of pay or property to enforce a parent's obligation to pay child support. Overseas, however, it may be another matter. For example, if you have a German court order and the Sol-

dier/spouse returns to the United States, his or her pay is usually still within reach of the German courts, with only a little bit more effort.

There are a few states that require a brand new action to be brought in that state's courts, but they are the exception. A German court order must be obtained and forwarded to the U.S. court nearest where the person is living. The U.S. court will decide whether there is sufficient evidence upon which to hold the person liable for payment of support.

Some states allow the German prosecutor to file the action on its own, while other states require written consent from the parent who requested the garnishment. If the court accepts the German court's decision, it will honor the German court's support order and will require the garnishment of the person's wages.

*How do I start a garnishment proceeding for child support against a Soldier?*

You must first have a court order requiring the Soldier to pay child support. Next, you will probably need to hire a civilian attorney (or visit the child support enforcement agency or CSEA) to obtain a garnishment order from the local court.

Once the garnishment order is obtained from the local court, it must be served on the Defense Finance and Accounting Service. The order should name DFAS as the garnishee and should contain enough identify-

ing information to enable the garnishment order to be processed.

The following identifying information about the individual owing child support (the other parent) is requested: full name, date of birth, Social Security number, military component (Army, Air Force, etc.) official duty station or worksite, and status of other parent (active-duty military, civilian, civil service, etc.)

*How much of an individual's pay may the court garnish?*

There are state and federal limitations on the amount of pay that can be garnished. Unless state law provides a lower maximum garnishment limitation, the maximum amount subject to garnishment will not exceed 50 percent of disposable pay if the person is remarried and supporting a spouse and/or dependent child; or 60 percent if the person is single.

An additional 5 percent will apply to each maximum limit if the order states that the person is behind 12 weeks or more in support payments.

*Can the Soldier/spouse do anything to stop garnishment?*

The only way a person being garnished can stop garnishment is to go to the court that issued it and ask the court to remove or reduce it.

The person who requested the garnishment must be notified if he or she tries to do this so that he or she has the opportunity to object.

*Can the Army withhold money from a Soldier's paycheck without garnishment?*

Yes. The process is called involuntary allotment, which can be initiated if the Soldier is at least two months behind in court-ordered child support and/or alimony payments, but only if the payments were payable through a state official, such as a clerk of court or SCEA.

*How can I request an involuntary allotment?*

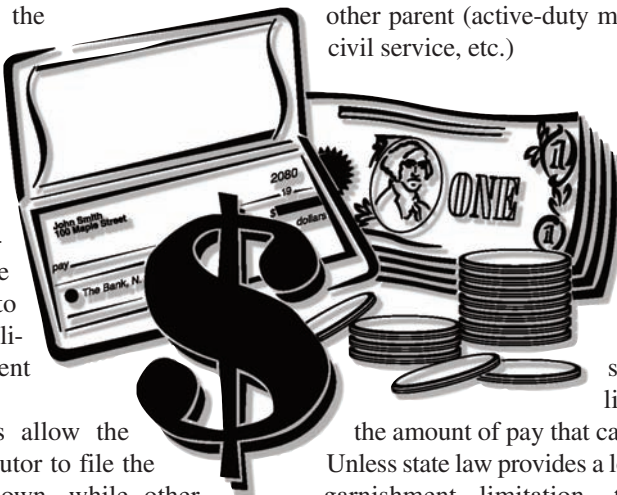
To start an involuntary allotment, DFAS must receive a certified copy of the court order and written notice from an authorized person, agency or court that the Soldier is at least two months behind in the support payments.

DFAS must provide notice to the Soldier and the Soldier's commander. The Soldier may consult with a lawyer about the legal and other factors involved with respect to the Soldier's support obligation and the failure to make payments under the obligation.

The involuntary allotment will take effect 30 days after notice is given to the affected Soldier, regardless of whether the Soldier has consulted with a lawyer. If the order so provides, the amount may include arrearages (child support payments past due) as well as the amounts for current support.

*What is the maximum amount for the involuntary allotment?*

The amount of the allotment shall not exceed 60 percent of the Soldier's salary unless the Soldier is more than three months behind, in which case it can be 65 percent. The allotment may be discontinued or adjusted, but only upon notice from the authorized state official, and not by the Soldier alone.





# Soldiers to compete in Olympics

By **TIM HIPPS**  
FMWR Command

ALEXANDRIA, Va. — Seven current and former members of the U.S. Army World Class Athlete Program have earned spots on Team USA for the XXI Olympic Winter Games, scheduled for Feb. 12-28 in Vancouver and Whistler, British Columbia, Canada.

Five current and former WCAP bobsledders, along with U.S. men's assistant bobsled coach Sgt. Bill Tavares, will tackle one of the world's fastest tracks in Whistler, site of the bobsleigh competition Feb. 20 through 27.

WCAP biathlete Sgt. Jeremy Teela earned a spot on his third consecutive U.S. Olympic Team in biathlon, a combination of cross-country ski racing and rifle shooting from standing and prone positions. Four of the six U.S. men's and women's bobsled pilots learned the tricks of their trade while serving in WCAP under the tutelage of five-time Olympian Tavares, who will assist U.S. men's bobsled head coach Brian Shimer.

WCAP Sgt. John Napier of Lake Placid, N.Y., will drive Team USA II's four-man sled. His WCAP teammate, 1st Lt. Chris Fogt of Alpine, Utah, will be among that crew, joined by Chuck Berkley of Clayton, Calif., and Steve Langton of Melrose, Mass.

Napier also will pilot USA II in the two-man competition with Langton aboard.

"Since my earliest memories, all I remember thinking about is this moment," Napier said after being named to the U.S. Olympic Team. "It's a dream come true."

Sgt. Mike Kohn, a member of the National Guard Outstanding Athlete Program, was one of Napier's boyhood idols. A former WCAP bobsledder, Kohn will drive



Photo by Tim Hipps, FMWRC Public Affairs

**Army National Guard Outstanding Athlete Program bobsled pilot Sgt. Mike Kohn (front right) leads his four-man squad at the start of a U.S. World Cup Team Trials race last year at Park City, Utah.**

Team USA III's four-man sled with the crew of Jamie Moriarty of Winnetka, Ill., Bill Schuffenhauer of Orem, Utah, and Nick Cunningham of Monterey, Calif.

Kohn capitalized on a career-ending concussion suffered by Todd Hays that opened the door for the National Guard athlete to qualify a third Olympic sled for

Team USA. Only three nations were qualified to enter three men's sleds into the 2010 Olympics.

"This was one of the best experiences I've had in this sport," said Kohn, who won the 2002 Olympic bronze medal as a push athlete with Shimer, after he recently secured another Olympic berth at St. Moritz. "Winning an Olympic medal was amazing, but it doesn't compare to the team camaraderie felt over these last few weeks. The Olympics is about more than winning medals, and this experience is one I'll remember for the rest of my life."

Reigning four-man world champion Steven Holcomb, a former WCAP pilot from Park City, Utah; will drive the Team USA I sled, backed by Justin Olsen of San Antonio, Steve Mesler of Buffalo, N.Y.; and Curt Tomasevich of Shelby, Neb.

"The Night Train is becoming more and more popular and getting a lot of notoriety as we lead up to the Games, and it's well deserved," Shimer said of Holcomb's four-man sled. "These guys have the whole package."

Holcomb also will drive the USA I sled in two-man competition with Tomasevich aboard.

On the women's side, former WCAP bobsledder Sgt. Shauna Rohbock of the Army National Guard Outstanding Athlete Program will pilot Team USA I. A 2006 Olympic silver medalist who teamed with Valerie Fleming in Torino, Italy, Rohbock, of Park City, Utah, will be joined by Michelle Rzepka of Novi, Mich., in America's top-rated women's sled.

Erin Pac of Farmington, Conn., and Elana Meyers of Douglasville, Ga., will compete in USA II. Bree Schaaf of Bremerton, Wash., and Emily Azevedo of Chico, Calif., will be in USA III.



## Hoop dreams

**Eight-year-old Tylee Tyson, right, plays defense against Isaiah Belk, 9. The Cavaliers and Blazers competed during their first game of the Child, Youth and School Services Spring basketball season.**

Photo by KRIS GONZALEZ

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Fax classified ads to 432-6157 or mail to: *The Fort Jackson Leader*, P.O. Box 1137, Camden, S.C., 29020. Classified ads can also be e-mailed to: [skaress@ci-camden.com](mailto:skaress@ci-camden.com).